



CN PENSIONER ASSOCIATION FRASER VALLEY CHAPTER E9

Date: Wednesday January 10, 2024

Location: Church in the Valley 23589 Old Yale Road Langley BC

Meeting Called to Order @ 1.03 PM

By: Barry Jones

Opening remarks: Barry welcomed everyone, wishing good health to all for 2024.

Attendance: 32

Meeting started with the Lords Prayer by: Ross Dewar

Members that have passed: Bill Sutherland (passed November 2023) Ellen Burn - spouse of Deceased member John Burn who worked in the shops)

Sick Members: None

Non-Members that have passed: None

New Members: None

Current Membership: CNPA Branch E9 663 members, 542 paying members.

Minutes of last meeting: November 08, 2023, read by: Rae Sexton

Motion to accept minutes: Rod McIvor. Second: Tony Fritz

Motion carried.

Financial Report read by: Joey Valliers-Jorgensen

Monthly Balance as of December 31, 2023

Balance brought forward	\$5938.35
Income	\$1963.00
Expenses	\$5164.85
Balance as of December 31, 2023,	\$2735.50
Outstanding Cheque	\$616.65
Actual Balance	\$2118.85

Term Deposit with Aldergrove Credit Union \$5564.25
Maturing July 10, 2024, Interest rate 4.5% per annum

Motion to accept financial report: Doug Kilvert, Second Curly Peg **Carried.**



Communications:

New Business

Barry spoke on the following:

Tim Urbanovitch is who was elected to Government Liaison – Mountain Region CNPA, and Editor of the National New letter in November 2023, as resigned due to health issues. These positions are open, anyone that is interested please contact Barry Jones for further details.

Member Kerry Drake reached out asking if the CN Gym at Thornton Yard was open to pensioners. The Gym was open to pensioners before Covid shut it down. Barry has reached out to CN and as of today has heard back, Barry asked if anyone present at todays meeting had any information on the status of, they gym.

Seniors Advocate Isobel Mackenzie has released results from the second provincewide survey of thousands of long-term care residents and their family members.

The survey covered 297 publicly subsidized care facilities in B.C. and received responses from over 10,000 residents and almost 8,000 family members and close friends. Just over 500 British Columbians volunteered to assist residents to complete the survey. The questions and design parallel the 2016/17 survey allowing reliable comparison to previous results.

The survey results show there has been little improvement in areas such as frequency of bathing, help at mealtimes, meaningful activities, engagement with staff and other residents and the overall ratings of quality remain relatively unchanged. Despite these shortcomings, residents continue to give high marks to long-term care home staff for their skill, compassion and ability to treat residents with respect.

January is Alzheimer's awareness month in Canada.

New Dental Plan Highlights

To Qualify, applicants must not have any existing dental plans.

-adjusted to family income maximum of \$90,000 per year

-income tax filed for previous year.

– implementation spring 2024

Guest Speaker for March will be Black Olsen- Blake will give an update on the status of our pension plan, and updates to our Blue Cross plan.

Reminder to file your 2023 Blue Cross claims online or by mail before March 01, 2024.



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The new Blue Cross fee rates are out for 2024, the average increase is \$9.00 per month.

Stay on the Road Zoon Seminar is January 17th. 10 Am- 12 Noon. These sessions fill quickly don't wait to the last minute to register.

Barry had several suggestions from members about doing some outings, one was Curling for Seniors and the other 5 Pin Bowling. The membership was asked about this. There was no interest in pursuing either of these activities.

Discussion and motion to move the elections of CNPA E9 executive from the June meeting to May meeting.

Moton to move by: Rod Mclvor, Second: Doug Kilvert

Carried

The books for CNPA must complete an Audit on the financial books once a year by members of our Chapter.

Sharon Sexton & Lana Mihell put the names forward in to audit the books. No other members put their names forward.

The following is the planned agenda for our Meetings February – June 2023

February - Guest Speak Blake Olsen

March - Join us in person for a special celebration.

April - Guest speaker from COSCO.

May - Election of Executive

June - Potluck Luncheon

Old Business: None

Meeting Adjourned: 2:17

50/50 Winner: Rex Seward 70.50

Door Prize: \$25.00 Gift Card – Armand Perrault



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CNPA Fraser Valley (E9) Web site

<https://cnpafraservalley.wixsite.com/cnpafraservalley>

CNPA Fraser Valley(E9) Facebook page

<https://www.facebook.com/search/top?q=cnpa%20fraser%20valley%20branch%2>

Seniors Advocate British Columbia <https://www.seniorsadvocatebc.ca/>

Council of Senior Citizens' Organization (COSCO) <https://coscobc.org/>